

Catfish Allison

Ingredients

- 1 cup grated Parmesan cheese
- 1/2 cup butter
- 1/2 cup mayonnaise
- 6 green onion finely chopped
- Dash of Tabasco
- 1 tsp. Worcestershire sauce
- Salt and garlic pepper to taste
- 6-8 catfish fillets

Instructions

1. Mix the first 6 ingredients together.
2. Poach fillets in lightly simmering water 4-5 minutes. Gently lift out and drain.
3. Place on cookie sheet.
4. Sprinkle with salt and pepper.
5. Spoon sauce evenly over fillets.
6. Broil 2-3 minutes or until brown.

Serves 6-8

