

Classic Fried Catfish from Superior

Ingredients

- 5 pounds of 2-3 oz. Superior fillets
- 1 lb bag of Superior breading
- Vegetable oil



Instructions

1. Take 5 lbs of 2-3 oz Superior fillets and split them down the center of fillet.
2. Take a 1lb. bag of Superior breading and coat split fillets in it.
3. Heat your oil to 375 degrees.
4. Fry catfish for 5 min. and 15 seconds. The Best!

Tip: 1lb of Superior breading will coat 5 lbs of fish. Generally you may figure ½ lb of fish per person.

